

Diet Management

Diet plays a key role in weight management. Each person has a unique metabolism, and different diet modifications and macronutrient composition are needed. We evaluate you and ensure that you are on the right kind of diet.

Medications

Medications can play a role in your weight loss, besides diet and exercise. There are many kinds of weight loss medications and our care providers are experts in determining which one is best for you.



 **703 870 3750**



MEDICAL WEIGHT LOSS

Success is within your reach with help from our weight loss medical experts



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I'm proud of the success of my patients.

Shannon Ross, NP

Reach your goals faster

A modern approach to weight loss uses a combination of diet, exercise, and medications where appropriate. We will be your partner and coach to ensure you reach your weight loss goals faster.



primamedicine.com

ABOUT ME



Why Choose Us

Experts in Bariatric Medicine

Our doctors and providers are certified and experienced in Bariatric (Weight loss) Medicine



Custom Weight loss Success Plan

Each person is unique, so we do not use a one size fits all approach. You get a thorough initial evaluation.



Medical care and monitoring

Not only do we get you the right medications, but we monitor for side effects, and ensure there are no medical issues that could hinder your treatment.

